

Kera sit2sit - Quick Guide

Full training is required before using the Kera sit2sit for the first time. For full instructions refer to User Manual or visit htsystems.co.nz

Safe Working Limit is stated on the Caregiver Handle: 120kg or 80kg

1 Backstrap

Position the Backstrap in the lower back. Bring straps under the person's arms and rest over their forearms.

2 Knees and brake

Position the Chestpad just above thighs. Lift the feet on. Push the Kera towards the person until their knees are touching knee pads. Put the wheel brakes on.

3 Chestpad to stomach and lap

Pull index pin up and push the Chestpad forward until it presses on the person's stomach, then release pin.

Squeeze the Lock Lever and push the Caregiver Handle forward to ensure the Chestpad presses gently onto thighs.

4 Straps - as tight as possible!

Hook the silver rings onto the hooks on handle. Pull blue tabs evenly and then pull as tight as possible!

& If using footbox straps or thigh straps, secure them now.

5 Lift, Transfer, Lower

Squeeze and hold the Lock Lever. In one smooth motion, lift the person off their seat and all the way forward, until the handle reaches its stopping point and the person rests on their front. Release the Lock Lever.

Unlock wheel brakes and move the person to next seat, leaving a 10cm gap. Lock the wheel brakes when lowering.

Squeeze and hold the Lock Lever and carefully lower the person down until they are completely seated.

Pull red tabs toward the person to loosen straps.





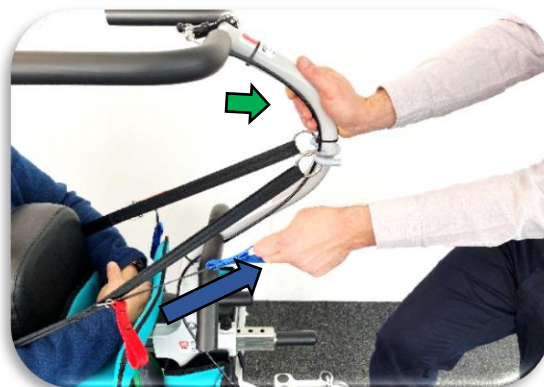
Kera FAQ's and User tips

? How tight do I need to do the straps?

As tight as possible while still comfortable.

If the straps are too loose, the Chestpad will slide up the person's front before you begin to lift them.

Tip: Tighten one strap at a time. Take a grip on the Caregiver Handle with one hand, pull blue tap with other hand, in line with the straps.



? How far forward do I need to bring the person?

Until the handle is at your waist and they are in a stable position.

The further forward the person is the less they will feel like they might slip down the Chestpad. Their weight will be resting down on the Chestpad rather than the Backstrap holding them up.



? The Backstrap begins to slip up their back and/or the person feels too hunched over

Start with the Backstrap fitted low on the back and make sure it is as tight as possible.

Try pushing the Chestpad into their stomach by one or two more holes in Step 3 (over page). This technique will result in the person less hunched over when they are forward and the Backstrap shouldn't slip up as much during lifting.



Check out our training video at htsystems.co.nz



✓ Pre-use and setup checklist:

- Safe path and destination
- No visible faults with the Kera sit2sit
- Wheels roll freely
- Chestpad can move smoothly and lock, and is initially all the way toward the caregiver
- Caregiver Handle locks and the Chestpad height is just above the person's knees
- The Kera sit2sit legs can spread open to fit around person's chair

For assistance, training, or accessories contact:



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